

## **HOW TO FIND US**

#### From Sunderland and Teeside

From the A19 take the A1231 to Washington. After the sign for Town Centre you will reach a roundabout. Take exit for Gateshead/Newcastle A1231. Take the sliproad on your left. At the mini-roundabout take the second exit for Crowther. At the T-junction turn left. The Canford Headquarters is on your right just after the Volvo compound.

### From the Tyne Tunnel

From the A19, heading South, take the A194 for Gateshead/Washington. At the White Mare Pool Roundabout take the third exit onto the A194(M) (signposted The South). Continue until you see a sign for A182 Washington. Take this sliproad and at roundabout take first exit on to the A182 (signposted Washington). Ensure you take the middle lane on the highway and take the second exit on your left (signposted A1231/A1(M)). At the roundabout take the third exit onto the A1231 (signposted Gateshead). Take the first exit and at the mini-roundabout take the second exit for Crowther Road. Continue until you reach a T-junction, turn left. The Canford Headquarters is on your right just after the Volvo compound.

#### From the South

From the AIM, take the AI95 Washington/Birtley exit (junction 64). Leave the AI95 at the first sliproad signposted Emerson Interchange. At the top of the sliproad you will arrive at a roundabout, take the first left, signposted Emerson. Continue for I mile. The Canford Headquarters is on your left.

# From Newcastle and the North

## Via AIM Western Bypass, Low Fell or Team Valley Trading Estate.

Get onto the AIM heading South. After passing the Angel of the North on your left, leave the AIM at the sliproad signed A1231 - Sunderland/Washington. At the next roundabout take the third exit heading for the A1231 Washington/ Sunderland. Leave the A1231 at sliproad signposted Blackfell, Lambton, Crowther Ind. Estate. At the bottom of the sliproad you will arrive at a mini-roundabout, take the third exit for Lambton, Oxclose, Avton, Crowther Ind Estate, At the next mini-roundabout turn right following signs for Crowther. Follow road until you reach a T-junction, turn left. The Canford Headquarters is on your right after the Volvo compound.

